HEALTH (HLTH)

Courses

HLTH 003. Medical Terminology. 2 Credits.
Terminology related to medical and health sciences. Online.

HLTH 010. Health & Wellness. 1 Credit.
This course is for Health & Wellness RLC students only. We explore the six domains of health & wellness (physical, emotional, spiritual, environmental, intellectual, and social) through readings, discussions, and hands-on activities.

HLTH 020. Aging: Change & Adaptation. 3 Credits.
Individual and social meanings of aging and old age; physical, physiological, psychological, and sociological changes accompanying aging; individual family, community, and societal adaptations to aging. Cross-listed with: SOC 020, HDFS 020.

HLTH 025. Patient Care Equipment Tech. 3 Credits.
Introduction to healthcare technology management in acute patient care, anatomy/physiology and technical principles, safety, and troubleshooting techniques. Includes electrocardiographs, physiological monitors, infusion devices, pacemakers and defibrillators. Online.

HLTH 026. Medical Equipment Applications. 3 Credits.
Hands-on laboratory course in the classroom. Includes bedside medical equipment demonstrations, exercises and problem resolution, device simulators, safety and performance testing.

HLTH 030. Trad Chin Med & Asian Bodywork. 2 Credits.
This class introduces the student to Traditional Chinese Medicine. Emphasis is placed on developing assessment skills using TCM theories. The lab will include learning a basic, total bodywork session. Prerequisites: ANPS 019 & ANPS 020 or permission of Instructor.

HLTH 095. Special Topics. 1-18 Credits.
Introductory courses on health topics beyond the scope of departmental or college offerings. See Schedule of Courses for specific titles.

HLTH 096. Special Topics. 1-18 Credits.
Introductory courses on health topics beyond the scope of departmental or college offerings. See Schedule of Courses for specific titles.

HLTH 100. Biology of Aging. 3 Credits.
Human aging examined emphasizing biological and nonpathological physiological changes and their effects on the functioning of elders. Prerequisites: BIOL 004, ANPS 019 and ANPS 020, or Instructor permission.

HLTH 103. D2: Intro to Global Health. 3 Credits.
An intermediate level lecture/discussion course that explores global health and global health challenges affecting people primarily in developing or resource-constrained countries. Pre/co-requisite: Sophomore standing.

HLTH 105. D2: Cultural Health Care. 3 Credits.
Examines the principles and theories of culture in health care with an overall goal to understand how health care is contextualized by and through culture.

HLTH 107. Human Health & the Environment. 3 Credits.
Interdisciplinary understanding of the effects of anthropogenic factors including pollution, reduced biodiversity, climate change, overpopulation, and resource depletion on the health of natural systems and human populations. Pre/co-requisites: a college level science course; Sophomore standing. Cross-listed with: ENVS107, NR 107.

HLTH 108. Explorations in Public Health. 3 Credits.
From various disciplines, theoretical perspectives, and narrative experiences, the class will build and apply to contemporary issues and populations an ideal public health service model.

HLTH 109. Energy Medicine. 3 Credits.
Energy medicine is an integrative, complementary and preventative energy therapy course. The impact of specific concepts, beliefs, patterns, and interventions on the energy system are explored. Pre/co-requisite: HLTH 141.

HLTH 115. Women’s Health & Advocacy. 3 Credits.
Aims to demystify women’s health care issues through understanding options/choices concerning sexuality, contraception, reproductive health, sexually transmitted diseases, relationships, addictive disorders, anxiety/depression and more.

HLTH 120. Mental Health and Aging. 3 Credits.
Course will cover the main theories of older adult development and aging as well as the latest research on psychological and emotional changes with aging.

HLTH 125. Exercise, Fitness and Health. 3 Credits.
An intermediate-level course on fundamentals of exercise physiology, diet and fitness as they relate to health, wellness and human performance. Pre/co-requisites: One semester of BIOL 001, BIOL 002, BIOL 003, BIOL 004, or ANPS 019, ANPS 020.

HLTH 135. Adv Medical Equipment Systems. 3 Credits.
Covers imaging systems: x-ray, fluoroscopy. CT scanners, MRI, nuclear medicine, and ultrasound. Also clinical laboratory equipment, surgery devices, healthcare networks/IT, dialysis systems, and physical therapy equipment. Online.

HLTH 140. Issues in Women’s Health. 3 Credits.
A holistic exploration of the health care needs of women. This course will consider the stereotypical, theoretical, and clinical approaches of care used in treating women. Prerequisites: PSYC 001; HDFS 005; Sociology course below 100.

HLTH 141. Healing Touch Level 1. 0-1 Credits.
Healing Touch is an energy based therapeutic approach to healing which uses touch to influence the energy system thus affecting physical, emotional and spiritual health and healing.
HLTH 142. Healing Touch Level 2. 1 Credit.
The second level of Healing Touch includes an intake interview, back techniques, and a full healing sequence. Emphasis in the experimental learning is on developing sequences for specific client needs. Pre/co-requisite: HLTH 141.

HLTH 143. Healing Touch Level 3. 1 Credit.
Level 3 is for students who desire more in-depth skills in Healing Touch, an energy-based therapeutic approach to healing, and have successfully completed Levels 1 and 2. Pre/co-requisites: HLTH 141 and HLTH 142.

HLTH 145. D2: Women’s Health & Spirituality. 3 Credits.
Travel course to Belize. Examines women’s physical, mental and spiritual health with a cross-cultural perspective. Pre/co-requisite: Instructor permission.

HLTH 150. Infectious Disease & Hum Hst. 3 Credits.
This course will explore how the changing world has impacted the development and spread of infectious disease.

HLTH 155. D1: Racism & Health Disparities. 3 Credits.
This course will introduce basic issues that underlie health disparities, with a focus on the connection between racism and health disparities in the U.S.

HLTH 156. Taping & Wrapping for Athletes. 1 Credit.
Basic prophylactic taping and wrapping techniques for the physically active, including the associated mechanisms and care for these common injuries.

HLTH 195. Intermediate Special Topics. 1-18 Credits.
Intermediate courses on health topics beyond the scope of departmental or college offerings. See Schedule of Courses for specific titles.

HLTH 210. D2: Health and Culture: Oaxaca. 3 Credits.
Gain appreciation for cultural diversity by exploring the social, psychological, health practices, and historical trajectories of Oaxacan perceptions within the overarching theme of health. Prerequisites: Junior/Senior level standing and Instructor permission.

HLTH 211. D2: Sustainable Dev Pub Hlth. 3 Credits.
Introduction to development of sustainable public health interventions through service learning. Faculty-led program abroad. Prerequisite: Junior standing or above.