HEALTH EDUCATION (EDHE)

Courses

EDHE 046. Personal Health. 3 Credits.
Concepts of personal health related to problems of daily living.
Mental health, sex education, nutrition and weight control, fatigue
and relaxation, chronic and communicable disease, stimulants and
depressants.

EDHE 050. D2: Bullying & Discrimination. 3 Credits.
Critically examines youth bullying, violence, discrimination, and
harassment as they primarily occur in educational contexts.

EDHE 150. Sem: Health Educ. 1-4 Credits.
Research, discussion, and critical examination of selected topics and
special issues in health not currently covered in existing courses.
Prerequisite: Six hours in health education or Instructor permission.
Variable credit, one to four hours.

EDHE 173. Practicum in Field Experience. 1-4 Credits.
Individually prescribed teaching experience involving work with
health agencies, both public and private. Responsibilities approximate
those commonly associated with student teaching. Prerequisite:
Permission. Variable credit.

EDHE 182. Health Methods and Materials. 3 Credits.
Fundamental methods of teaching health as applied to school and
public health education. Consideration of materials applicable to
health education, evaluation techniques, preparation of teaching units
and bibliographies. Prerequisite: EDHE 046.

EDHE 200. Contemporary Issues. 1-6 Credits.
Designed so that its content and structure may accommodate special
issues not especially appropriate within the boundaries of an existing
course. Prerequisite: Twelve hours in education and related areas.

EDHE 208. School Health Programs. 3 Credits.
Organization of the total school health program. Problems and
administration in the area of school environment, health services,
health education, and school-community relationship. Prerequisite:
EDHE 046 or equivalent.

EDHE 211. Community Health Ed. 3 Credits.
Government and voluntary agencies’ sociological, historical,
educational, environmental, and medical influences. Role of
community health educator in these influences and major American
health concerns. Prerequisite: EDHE 046 or equivalent.

EDHE 220. Stress Mgmt Hlth Professionals. 3 Credits.
Physiological, psychological, and sociological aspects of stress.
Theory, practices, teaching techniques, and application relevant
to teaching students and/or clients. Prerequisite: EDHE 046 or
equivalent.

EDHE 295. Lab Experience in Educ. 1-6 Credits.
Supervised field work designed to give students experience in
specialized areas for their professional development. Prerequisite:
Permission of the Coordinator of Professional Laboratory
Experiences.