

COACHING MINOR

The minor in Coaching consists of a series of courses in preparation for coaching sports activities at any age or skill level. It provides knowledge and skills regarding age-appropriate exercise, coaching methods and ethics, instructional techniques, and practical coaching experiences.

REQUIREMENTS

Completion of 15 (or up to 16) credits is required for the Coaching minor:

Requirement Description		Credits
EDPE 3000	Contemporary Issues (Coaching Issues & Legal Ethics)	3
EDPE 3300	Philosophy of Coaching	3
Choose Two Coaching Pedagogy Courses:		6
EDPE 2993	Independent Study	
EDPE 1990	Special Topics (Fitness Education)	
EDPE 1990	Special Topics (Games Education)	
EDPE 1990	Special Topics (Teaching Dance and Gymnastics)	
Choose One Sport Training Course:		3
EDPE 3650	Exercise & Sport Science (Sports Performance Seminar)	
EDPE 3670	Sci Strength Training&Condtnng	

PRE/CO-REQUISITES

Requirement Description		Credits
HDF 1050	Human Development	3
EDPE 3200	Sport in Society	3

OTHER INFORMATION

The Coaching minor is open to any student at UVM.