

COUNSELING

<https://www.uvm.edu/cess/dlds> (<https://www.uvm.edu/cess/dlds/counseling/>)

OVERVIEW

The mission of the Counseling Program at the University of Vermont is to prepare students to work as counseling professionals in culturally and socially diverse school, mental health, and community settings and to act as facilitators of personal and social change.

In the Counseling Program, students have the option to enroll in a 60-credit-hour School Counseling track, a 60-credit-hour Mental Health Counseling track, or a Dual Track option consisting of 79 credits. Program requirements include 600-1000 hours of practicum and internship in a field setting.

The Clinical Mental Health and School Counseling tracks of the UVM Counseling Program are accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the national accrediting body for counselor education programs.

The specific composition of a student's program, designed with the assistance of a faculty advisor, is based on university, college, and program requirements in accordance with licensure and accreditation standards. Learning experiences consist of a balance between theory and supervised practice.

In addition to the general application procedures, a resume and a group interview are required of each qualified applicant. For a more detailed description of the program visit the Graduate Counseling website, or contact:

University of Vermont
Graduate Counseling Program
101A Mann Hall
208 Colchester Avenue
Burlington, VT 05405-1757
(802) 656-3888
email: cslgprog@uvm.edu

DEGREES

- Counseling AMP (<http://catalogue.uvm.edu/graduate/counseling/counselingamp/>)
- Counseling M.S. (<http://catalogue.uvm.edu/graduate/counseling/counselingms/>)

FACULTY

Geroski, Anne M.; Associate Professor; Department of Leadership and Developmental Sciences; EDD, University of Maine
Kindsvatter, Aaron; Associate Professor, Department of Leadership and Developmental Sciences; PHD, Kent State University
Okech, Jane E.; Professor; Department of Leadership and Developmental Sciences; PHD, Idaho State University

Smith, Lance C.; Associate Professor; Department of Leadership and Developmental Sciences; PHD, Syracuse University
Welkowitz, Julie A.; Lecturer; Department of Leadership and Development Sciences; PHD, University of Vermont

Courses

EDCO 300. Research Methods in Counseling. 3 Credits.

Designed for counseling students to develop the skills of being critical consumers of research epistemology, methods, qualitative and statistical analysis, needs assessment, and program evaluation. This course has been structured according to CACREP standards.

EDCO 320. Dev. Perspectives in CNSLNG. 3 Credits.

Survey of major theories of human development and application of theoretical concepts from a counseling perspective. Prerequisite: Counseling major or Instructor permission.

EDCO 340. Development Guidance in Schls. 3 Credits.

An introduction to the role of the school counselor including developmental guidance program planning and implementation, consultation, crisis intervention, parent education and ethical issues. Prerequisite: Counseling majors or Instructor permission.

EDCO 341. Diagnosis in School Counseling. 1 Credit.

This course outlines the more commonly used psychological diagnostic categories used to describe youth with developmental and psychological challenges.

EDCO 342. Assessment in School. 1 Credit.

This course is designed to provide students with information related to the role of assessment in the practice of school counseling.

EDCO 344. Modalities: Counsel Child & Adol. 3 Credits.

Study of the practice of counseling children and adolescents using behavioral and cog-behavior theory, narrative theory and practice, and play therapies. Prerequisites: Counseling majors and concurrent with internship or Instructor permission.

EDCO 345. Diagnosis in Counseling. 1-3 Credits.

Etiology and diagnosis of mental disorders in children, adolescents, and adults according to DMS. Includes intake, evaluation, treatment planning, and clinical documentation skills. Prerequisite: Counseling majors or Instructor permission.

EDCO 350. Prof Issues in Counseling. 3 Credits.

A seminar in which professional, ethical, and legal issues facing counselors in schools and mental health settings are addressed through reading, research, presentation, and discussion. Prerequisite: Graduate standing or Instructor permission.

EDCO 352. Assessment in Counseling. 1-3 Credits.

Provides students with knowledge about common assessment tools and processes used in school counseling and clinical mental health practice. Prerequisites: EDCO 220, EDCO 350, EDCO 374, EDCO 375, and EDCO 377; Counseling majors or Instructor permission.

EDCO 361. Practice of Mental Hlth Cnslng. 3 Credits.

Introduction to issues, needs, models and sociopolitical factors present in community and private-practice mental health counseling, with an emphasis on prevention and wellness. Prerequisite: Graduate standing or Instructor permission.

EDCO 363. Counseling Practicum. 3 Credits.

Introductory supervised experience in counseling in a field setting. Includes 100 hours working as a counselor with a minimum of 40 direct service hours. Prerequisites: Counseling Majors only and EDCO 220, EDCO 350, EDCO 374, EDCO 375, EDCO 340, and EDCO 361.

EDCO 374. Counseling Theory & Practice. 3 Credits.

Theoretical and practical approach to understanding the counseling process. Refinement of personal philosophy, theory of counseling, and implementation in practice. Prerequisite: Graduate standing or Instructor permission.

EDCO 375. Lab Experience in Counseling. 3 Credits.

Students learn and practice basic counseling skills and techniques. Videotaped practice sessions are supervised by course instructor. Prerequisite: EDCO 374. Counseling majors only.

EDCO 376. Addictions Counseling. 3 Credits.

Development and culturally responsive treatment of addictions, e.g., Motivational Interviewing, family systems, Cognitive Behavioral Therapy (CBT) techniques, recovery maintenance, and an integrative approach to treatment. Prerequisite: Counseling majors or Instructor permission.

EDCO 377. Diversity & Intersectionality. 3 Credits.

Designed to assist students in recognizing and acknowledging diversity in society, and developing the knowledge and skills to recognize, interrupt and redress inequity within their spheres of influence. Prerequisite: Graduate Students in the Counseling Program or Instructor permission.

EDCO 381. Counsel/Career&Lifestyle Dev. 3 Credits.

An exploration of the theories, assessment instruments, counseling techniques, and issues most relevant in counseling for career and lifestyle development. Prerequisite: EDCO 374, EDCO 375; Graduate standing or Instructor permission.

EDCO 387. Therapeutic Psychopharmacology. 3 Credits.

Introduction to neuroanatomy, neurophysiology, and pharmacology as they pertain to mental health counseling. Course also covers commonly prescribed medications, ethical issues and the referral process. Prerequisite: EDCO 360 or program permission.

EDCO 388. Family and Couples Counseling. 3 Credits.

Theory and process of counseling with families and couples including family theory and family therapy orientations and intervention skills. Includes practice of counseling interventions. Prerequisites: EDCO 220, EDCO 374, EDCO 375, EDCO 377, EDCO 392, or Instructor permission.

EDCO 389. Counseling Internship. 1-3 Credits.

A supervised experience in counseling in a field (school or mental health) setting. Prerequisites: Counseling majors only and EDCO 220, EDCO 350, EDCO 374, EDCO 375, EDCO 392, EDCO 363, EDCO 340, and EDCO 361. .

EDCO 391. Master's Thesis Research. 1-18 Credits.

Thesis topic must be approved by a faculty committee.

EDCO 392. Group Counseling Experience. 1 Credit.

Encounter group experiences for prospective clinical mental health and school counselors providing increased awareness of self and models relating to others. Prerequisite: Graduate standing.

EDCO 393. Adv Group: Theory and Practice. 0 or 3 Credits.

Group leadership skills are developed, practiced, and refined through in-class and laboratory experiences that focus on live group supervision, theory, feedback exchange, and ethical issues. Prerequisites: EDCO 220, EDCO 374, EDCO 375, EDCO 377, EDCO 392 and permission of the Instructor.

EDCO 394. Special Topics in Counseling. 1-18 Credits.

Special issues in counseling, administration and planning, social work, higher education not appropriate to content of existing courses. Prerequisite: Instructor permission. Variable credit.

EDCO 397. Independent Study. 1-6 Credits.

Individual work on a research problem selected by the student in consultation with a staff member. Prerequisite: Twelve hours in education and related areas; endorsement by a sponsoring faculty member.