NUTRITION AND FOOD SCIENCES MINOR

REQUIREMENTS

A total of 15 credits in Nutrition and Food Sciences:

Requirement Description		Credits
NFS 1043	Fundamentals of Nutrition	3
Choose 1 of the following:		3
NFS 1053	Basic Concepts of Foods	
NFS 1072	Kitchen Science	
NFS 1073	Farm to Table: Food Sys	
Choose 1 of the following:		3
NFS 2113	U.S. Food Policy and Politics	
NFS 2143	Nutrition in the Life Cycle	
NFS 2153	Principles of Food Technology	
Choose 2 of the following:		6
NFS 2113	U.S. Food Policy and Politics	
NFS 2114	Human Health in the Food Syst	
NFS 2143	Nutrition in the Life Cycle	
NFS 2153	Principles of Food Technology	
NFS 2156	Deadly Food: Outbreak Investig	
NFS 2163	Sports Nutrition	
NFS 2183	Introduction to Biochemistry	
NFS 2195 & NFS 2196	Foods for Planetary Health and Planetary Health Foods Lab	
NFS 3203	Food Microbiology	
NFS 3205	Functional Foods:Prncpl & Tech	
NFS 3223	Nutrition Educ & Counseling	
NFS 3243	Advanced Nutrition	
NFS 3254	Global Food Safety	
NFS 3283	HACCP: Theory & Application	

RESTRICTIONS

Independent study, field experience and undergraduate research cannot be counted in this total.

Ineligible Majors: B.S. Nutrition and Food Sciences