

**PHYSICAL ACTIVITY PROMOTION
IN CHILDREN AND YOUTH
UNDERGRADUATE CERTIFICATE
REQUIREMENTS**

Research Track - 15 credits, to include:		
Choose 2 of the following:		6
EXSC 175	Applied Kinesiology	
EDEC 001	D2:Intr Early Care & Education	
EDSP 005	D2:Iss Aff Persons W/Disabil	
PSYS 150	Developmental Psych: Childhood	
EDPE 055	Special Topics I (Fitness Education)	
EDPE 166	Kinesiology	
Choose 2 of the following:		6
PSYS 053	Research Methods	
PSYS 198	Undergraduate Research	
or EXSC 192	Independent Study	
or EXSC 292	Independent Study	
Choose 1 of the following:		3
PSYS 268	Fit Kids Applied Research	
PSYS 269	Fit Kids: Special Populations	
PSYS 281	Advanced Fit Kids: Applied Res	
PSYS 282	Adv Fit Kids: Spec Populations	
PSYS 296	Advanced Special Topics (Advanced Fit Kids: Special Populations)	
Applied Track - 15 credits, to include:		
Choose 2 of the following:		6
EXSC 175	Applied Kinesiology	
EDEC 001	D2:Intr Early Care & Education	
EDSP 005	D2:Iss Aff Persons W/Disabil	
PSYS 150	Developmental Psych: Childhood	
EDPE 055	Special Topics I (Fitness Education)	
EDPE 166	Kinesiology	
Choose 1 of the following:		3
PSYS 053	Research Methods	
PSYS 198	Undergraduate Research	
or EXSC 192	Independent Study	

or EXSC 292	Independent Study	
Choose 2 of the following:		6
PSYS 268	Fit Kids Applied Research	
PSYS 269	Fit Kids: Special Populations	
PSYS 281	Advanced Fit Kids: Applied Res	
PSYS 282	Adv Fit Kids: Spec Populations	
PSYS 296	Advanced Special Topics (Advanced Fit Kids: Special Populations)	

RESTRICTIONS

For both tracks, students may not meet all 15 credits within their major department.