

DEPARTMENT OF COUNSELING, HUMAN DEVELOPMENT, AND FAMILY SCIENCE

OVERVIEW

THE DEPARTMENT OF COUNSELING, HUMAN DEVELOPMENT AND FAMILY SCIENCE

The Department of Counseling, Human Development and Family Science practices pedagogy that is grounded in culturally responsive social justice principles of expanding access to services, promoting diversity, equity and inclusion, and examining pathways to interrupting systemic barriers to positive development and healthy relationships. At the undergraduate level, we offer a program in Human Development and Family Science, and our CACREP Accredited master's degree programs include School Counseling and Clinical Mental Health Counseling Programs, including a dual option. We are in the process of developing a proposal for a Ph.D. program in Counselor Education.

Department of Counseling, Human Development and Family Science Mission Statement

The Department of Counseling, Human Development and Family Science strives to advance the science and professional practice of critically conscious human services and counseling professionals. To this end, we offer undergraduate and graduate programs that focus on the examination of the dynamics of intimate and other close interpersonal relationships, as well as the promotion of healthy development of individuals, relationships, families and communities. Our pedagogy and curriculum are grounded in culturally responsive social justice principles of expanding access to services, promoting diversity, equity and inclusion, and examining pathways to interrupting systemic barriers to positive development and healthy relationships. Graduates of programs in our department, depending on their program of study, are equipped to offer an array of services in human service agencies, clinical mental health and school contexts. Our award-winning faculty are committed to graduate and undergraduate teaching, research, and professional service, as well as the importance of a collaborative scholarly environment.

The Human Development and Family Science Mission Statement

The HDF program aims to prepare knowledgeable, skilled, critically conscious, and ethical human services professionals and citizens. The HDF program emphasizes information literacy, critical reflection, and community-engaged learning experiences rooted in social justice and strengths-based frameworks of human development and family science. Graduates are ready to pursue an advanced degree or professional work that promotes positive development and healthy relationships; to empower individuals, families, and communities to thrive; and to interrupt systems of privilege and oppression.

MAJORS

COUNSELING, HUMAN DEVELOPMENT, AND FAMILY SCIENCE MAJOR

Human Development and Family Science B.S. (<http://catalogue.uvm.edu/undergraduate/educationandsocialservices/coudev/humdevbs/>)

MINORS

COUNSELING, HUMAN DEVELOPMENT, AND FAMILY SCIENCE MINOR

Human Development and Family Science (<http://catalogue.uvm.edu/undergraduate/educationandsocialservices/coudev/humdevminor/>)

GRADUATE

Counseling Post-Master's Certificate

Counseling M.S.

See the online Graduate Catalogue (<http://catalogue.uvm.edu/graduate/>) for more information

Counseling Courses

CNSL 101. The Helping Relationship. 3 Credits.

Prepares students for the Human Services Profession through the study and practice of professional standards and select helping skills central to effective helping relationships. Prerequisites: HDF 005 or HDF 060; Minimum Sophomore standing or Instructor Permission. Cross-listed with: HDF 101.

CNSL 192. Independent Study. 1-18 Credits.

A course which is tailored to fit the interests of a specific student, which occurs outside the traditional classroom/laboratory setting under the supervision of a faculty member, for which credit is awarded. Offered at department discretion.

CNSL 196. Special Topics. 1-18 Credits.

See Schedule of Courses for specific title.

Human Development Fam Sci Courses

HDF 001. Fndn HumDev&FamSci for Majors. 3 Credits.

Seminar designed to introduce incoming majors to college expectations and skills, and to concepts and practices of Human Development & Family Science and critically thinking about these concepts and practices. Prerequisite: Human Development and Family Science major. Pre/Co-requisites: HDF 005.

HDF 005. Human Development. 3 Credits.

A comprehensive survey of life span individual and family development within social and historical context. Pre/Co-requisite: HDF 005.

HDF 020. Aging: Change & Adaptation. 3 Credits.

Individual and social meanings of aging and old age; physical, physiological, psychological, and sociological changes accompanying aging; individual, family, community, and societal adaptations to aging. Cross-listed with: SOC 020.

HDF 032. Exploring Dvlpmnt in Community. 1 Credit.

Experiential learning course focused on self-exploration work with instruction and reflection to enrich the learning experience and strengthen community. Students will be asked to engage in community so as to explore the role that community serves in support of self and others. Prerequisite: Instructor permission.

HDF 060. Family Context of Development. 3 Credits.

Developmental ecological approach to analysis of the family as a system in which individuals develop.

HDF 065. Human Relationships & Sexuality. 3 Credits.

Sexual responsibility and the biological, social, psychological growth, and development of human beings in terms of sex role identity.

HDF 090. Internship. 1-3 Credits.

On-site supervised work experience combined with a structured academic learning plan directed by a faculty member or a faculty-staff team in which a faculty member is the instructor of record, for which academic credit is awarded. Offered at department discretion.

HDF 092. Independent Study. 1-18 Credits.

A course which is tailored to fit the interests of a specific student, which occurs outside the traditional classroom/laboratory setting under the supervision of a faculty member, for which credit is awarded. Offered at department discretion.

HDF 096. Special Topics. 1-18 Credits.

See Schedule of Courses for specific titles.

HDF 101. The Helping Relationship. 3 Credits.

Prepares students for the Human Services Profession through the study and practice of professional standards and select helping skills central to effective helping relationships. Prerequisites: HDF 005 or HDF 060; Minimum Sophomore standing. Cross-listed with: CNSL 101.

HDF 141. D1: Interrogatng White Identity. 3 Credits.

Introductory examination of white identity development and white identity development models from an ecological perspective. Prerequisites: HDF 005 or HDF 060; Minimum Sophomore standing.

HDF 161. Social Context of Development. 3 Credits.

Developmental ecological approach to analysis of social institutions as influences on human development. Focus on education, community, health care, and social services. Prerequisites: HDF 060; Minimum Sophomore standing.

HDF 167. D2: Sexual & Gender Identities. 3 Credits.

Exploration of diverse lesbian, gay, bisexual, and/or transgender identities, families, and communities, and their current personal, social, and cultural meanings and contexts. Prerequisites: HDF 005, HDF 060 and HDF 161; Minimum Sophomore standing.

HDF 189. Theories of Human Development. 3 Credits.

Introduction to the most influential theories of human development where students study, compare, and evaluate select theories and apply them to issues of practical importance. Prerequisites: HDF 005, HDF 060; Minimum Sophomore standing.

HDF 190. Internship. 1-18 Credits.

On-site supervised work experience combined with a structured academic learning plan directed by a faculty member or a faculty-staff team in which a faculty member is the instructor of record, for which academic credit is awarded. Offered at department discretion. Prerequisites: HDF 005, HDF 161, and Instructor permission.

HDF 192. Independent Study. 1-18 Credits.

A course which is tailored to fit the interests of a specific student, which occurs outside the traditional classroom/laboratory setting under the supervision of a faculty member, for which credit is awarded. Offered at department discretion.

HDF 196. Special Topics. 1-18 Credits.

Lectures, laboratories, readings, or projects relating to contemporary areas of study. Enrollment may be more than once, accumulation up to 12 hours. Prerequisite: Minimum Sophomore standing.

HDF 197. Undergraduate Research. 1-18 Credits.

Undergraduate student work on individual or small team research projects under the supervision of a faculty member, for which credit is awarded. Offered at department discretion. Prerequisite: Minimum Sophomore standing.

HDF 198. Teaching Assistantship. 1-3 Credits.

Undergraduate student service as a teaching assistant, usually in an introductory-level course in the discipline, for which credit is awarded. Offered at department discretion.

HDF 221. Psychology of Aging. 3 Credits.

This course provides students with a comprehensive overview of psychological aspects of aging and identifies key lessons and facilitative practices for supporting positive aging. Prerequisites: HDF 161, HDF 189, PSYS 053 or EDFS 209 or SOC 100 or SWSS 164; minimum Junior standing.

HDF 260. Family Ecosystem. 3 Credits.

Family viewed in and as an environment for human development. The family ecological approach applied to practical family concerns. Prerequisites: HDF 161, HDF 189, PSYS 053 OR EDFS 209 OR SOC 100 OR SWSS 164; Minimum Junior standing.

HDF 263. Advanced Child Development. 3 Credits.

Survey of professional literature in child development with special emphasis on influence of early life experiences throughout the life cycle. Prerequisites: HDF 161, HDF 189; PSYS 053 OR EDFS 209 OR SOC 100 OR SWSS 164; Minimum Junior standing.

HDF 264. Contemporary Issues Parenting. 3 Credits.

Contemporary cultural factors that influence adult lifestyles and their relationship to successful parenting. May be repeated up to six credits. Prerequisites: HDF 161, HDF 189, PSYS 053 or EDFS 209 or SOC 100 or SWSS 164; Minimum Junior standing.

HDF 266. Seminar in Human Development. 3 Credits.

Intensive study of issues in human development and their application in a wide variety of professional areas. May be taken more than once up to a maximum of 12 hours. Topics vary by offering; periodic offering at intervals that may exceed four years. Prerequisites: HDF 161, HDF 189, PSYS 053 OR EDFS 209 OR SOC 100 OR SWSS 164; Minimum Junior standing.

HDF 267. Adv Gender & Sexual Iden. 3 Credits.

Intensive study of lesbian, gay, bisexual, and/or transgender identities, families, and communities in diverse individual, social, political, and cultural contexts. Prerequisite: Minimum Junior standing.

HDF 268. Sem In Close Relationships. 3 Credits.

Causal conditions influencing formation, maintenance, and dissolution of intimate adult relationships. Draws on theory and students' personal experiences to explicate the nature of close relationships in contemporary American society. Prerequisite: Minimum Junior standing.

HDF 290. Internship. 1-18 Credits.

On-site supervised work experience combined with a structured academic learning plan directed by a faculty member or a faculty-staff team in which a faculty member is the instructor of record, for which academic credit is awarded. Offered at department discretion. Prerequisites: HDF 101, HDF 141, HDF 161, HDF 189; PSYS 053 or EDFS 209 or SOC 100 or SWSS 164; Senior standing; Instructor permission.

HDF 292. Independent Study. 1-18 Credits.

A course which is tailored to fit the interests of a specific student, which occurs outside the traditional classroom/laboratory setting under the supervision of a faculty member, for which credit is awarded. Offered at department discretion.

HDF 296. Special Topics. 1-18 Credits.

Lectures, laboratories, readings, or projects relating to contemporary areas of study. Enrollment may be more than once, accumulation up to twelve hours. Prerequisites: HDF 161, HDF 189, PSYS 053 or EDFS 209 or SOC 100 or SWSS 164; Minimum Junior standing.

HDF 297. Undergraduate Research. 1-18 Credits.

Undergraduate student work on individual or small team research projects under the supervision of a faculty member, for which credit is awarded. Offered at department discretion.

HDF 298. Teaching Assistantship. 1-3 Credits.

Undergraduate student service as a teaching assistant, usually in an introductory-level course in the discipline, for which credit is awarded. Offered at department discretion.