

COACHING MINOR

The minor in Coaching consists of a series of courses in preparation for coaching sports activities at any age or skill level. It provides knowledge and skills regarding age-appropriate exercise, coaching methods and ethics, instructional techniques, and practical coaching experiences.

REQUIREMENTS

Completion of 15 (or up to 16) credits from the following tracks is required for the Coaching minor:

EDPE 200	Contemporary Issues (Coaching Issues & Legal Ethics)	3
EDPE 230	Philosophy of Coaching	3
Choose Two Coaching Pedagogy Courses:		6
EDPE 191	Independent Study	
EDPE 055	Special Topics I (Fitness Education)	
EDPE 055	Special Topics I (Games Education)	
EDPE 055	Special Topics I (Teaching Dance and Gymnastics)	
Choose One Sport Training Course:		3
EDPE 265	Exercise & Sport Science (Sports Performance Seminar)	
EDPE 267	Sci Strength Training&Condtnng	

PRE/CO-REQUISITES

HDF 005	Human Development	3
EDPE 220	Sport in Society	3

OTHER INFORMATION

The Coaching minor is open to any student at UVM.