BEHAVIORAL CHANGE HEALTH STUDIES MINOR

OVERVIEW

The College of Medicine offers a 15 credit minor designed to expose students to cutting edge research with a focus on behavioral change science embedded in the programmatic research and clinical programs at the Vermont Center for Children, Youth, and Families.

This minor program is appropriate for students with interests in law, social work, medicine, education, social sciences, and business because of its emphasis on modern neuroscience in combination with behavior change science in the service of improving the health and wellbeing of people and communities.

Please Note: Up to 2 approved non-LCOMU courses can be applied to the minor.

REQUIREMENTS

15 credits are required for the minor, including:

Requirement Description		Credits
COMU 1010	Healthy Brains, Healthy Bodies	3
Additional courses (must include at least 3 at the 2000-level) may be selected from:		12
COMU 1990	Special Topics	
COMU 2182	Mental Health in Pop Culture	
COMU 2220	Family Wellness Coaching	
COMU 2230	The Effects of Adversity	
COMU 2250	The Science of Happiness	
COMU 2310	Sex,Love,Neurosci ofRelatnshps	
COMU 2500	Sleep and the Brain	
COMU 2990	Special Topics	
COMU 2994	Teaching Assistantship	
COMU 2995	Undergraduate Research	
PSYS 1400	Intro to Psychological Science	
PSYS 2400	Developmental Psych: Childhood	
PSYS 2500	Psychopathology	
PSYS 3105	Cognition	