

BEHAVIORAL CHANGE HEALTH STUDIES MINOR

OVERVIEW

The College of Medicine offers a 15 credit minor designed to expose students to cutting edge research with a focus on behavioral change science embedded in the programmatic research and clinical programs at the Vermont Center for Children, Youth, and Families.

This minor program is appropriate for students with interests in law, social work, medicine, education, social sciences, and business because of its emphasis on healthy lifestyles and healthy decision-making.

REQUIREMENTS

15 credits are required for the minor, including:

COMU 001	Healthy Brains, Healthy Bodies	3
Additional courses (must include at least three at the 100-level) may be selected from:		12
COMU 021	Your Brain on Drugs	
COMU 096	Special Topics	
COMU 122	Family Wellness Coaching	
COMU 123	The Effects of Adversity	
COMU 125	The Science of Happiness	
COMU 131	Sex,Love,Neurosci ofRelatnshps	
COMU 195	How You Became You: PrsnltyDev	
COMU 196	Special Topics	
COMU 197	Teaching Assistantship	
COMU 198	Undergraduate Research	
PSYS 001	Intro to Psychological Science	
PSYS 150	Developmental Psych: Childhood	
PSYS 170	Abnormal Psychology	
PSYS 211	Learning	
PSYS 252	Emotional Devlmt & Temperament	
PHIL 196	Intermediate Special Topics	